

A Kick-off Ceremony by our Lion Dance Team on 19 Jan 2019

The Mental Health Month Opening Ceremony of Hong Kong Island East kicked off with a "**Lion Dance**" at Quarry Bay Community Centre. The event was co-organized by the Social Welfare Department, Pamela Youde Nethersole Eastern Hospital and Baptist Oi Kwan Social Services. The event aims to promote family mental health by fostering inclusiveness, keeping smiles and relieving pressure among family members.